

Hegarty Maths Stats!

Well done to all the students who have successfully logged in to Hegarty Maths and have been learning how to use the website.

It's great to see so many of you completing tasks set by teachers or just choosing work to do independently.

There is a guide attached with this newsletter which may help you with logging in or using the site, but remember you can contact Mrs Startin (k.startin@jstc.org.uk) if you need anymore help!

Well done to Year 7 who have completed the most questions on Hegarty last week!

Year 10: 1031 questions answered

The top maths classes for the last two weeks are 10.4—Mrs Field and Miss Norton—most questions answered (712 questions)

Keep up the good work everyone!



We Need You

Well, your thoughts and ideas

This newsletter is all about you. We are using it to send out important messages, to motivate, to communicate, to help, to support, to let you know that we are still here for you.

But, we want to hear from more of you! What would you want to see in the newsletter? It could be a competition idea, something that you think

we should be telling you about, or maybe just something that we should include every week. For example, a shout-out from your teacher/tutor or a joke/quiz question.

Send your suggestions to pastoral.year10@jstc.org.uk

Challengers, are you ready?

This week we are going for something different. We want to challenge you to try something new. The challenge is to try and learn something new. This new 'skill' would ideally be non-academic or creative.

This could be something that you have wanted to try for a while or something brand new.

There is a short list of ideas for you along with a yummy new hobby from Miss Elias.

We would really like to see your attempts at your new skills/hobbies. Your first try might not be perfect, it might not work at all but the point is to try and then keep trying until you become an 'expert'. You can see the benefits of having a hobby here —>



LIST OF HOBBIES TO TRY

01. Blogging
02. Graphic Designing
03. Painting
04. Drawing
05. Learn a Language
06. Dog Sitting
07. Bullet Journaling
08. Knitting
09. Crochet
10. Scrapbooking
11. Sewing
12. Calligraphy
13. Sculpting
14. Pottery
15. Jigsaw puzzles
16. Photography
17. Candle Making
18. Nail Art
19. Makeup
20. DIY Activities
21. Play an instrument
22. Podcasting
23. Creative Writing
24. Cooking
25. Gardening
26. Geocaching
27. Traveling
28. Meditation
29. Volunteering
30. Become a mentor

+
MORE!

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The Many Benefits of a Good Hobby

A hobby can help you relax, forget about problems, focus on something rewarding and make you ready to tackle new challenges.

If you have an unfulfilling job or spend a lot of time alone, a hobby can provide a sense of purpose and accomplishment.

A hobby can also be a great way to make new friends with similar interests.

People who have hobbies are generally healthier and less stressed than people who don't.

Remember that focusing on a hobby isn't selfish. The happier you are, the more you will be able to contribute to others.

So make time to pursue your hobbies... or develop a new one!

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